

DAILY HEALTH CHECK (effective Oct. 23)

STOP! EVERYONE MUST ANSWER THESE QUESTIONS PRIOR TO ADMITTANCE INTO THIS CHILD CARE FACILITY. Our goal is to minimize the risk of infection to Educators, children and families. Thank you for your honesty and diligence.

Remember: if you think your child is ill, please keep them at home.

Do you or your child have any of the following key symptoms or experiences?

1.	Runny/stuffy nose	YES	NO
2.	Cough or worsening chronic cough	YES	NO
3.	Nausea/vomiting	YES	NO
4.	Diarrhea	YES	NO
5.	Chills	YES	NO
6.	Loss of sense of smell/taste	YES	NO
7.	Breathing difficulties (rapid breathing or working hard to breathe)	YES	NO
8.	Fever	YES	NO
9.	Have you, or anyone in your household, returned from travel outside of Canada in the last 14 days?	YES	NO
10.	Has anyone in your household been in contact with someone who is suspected, or confirmed to have, COVID-19, in the past 14 days?	YES	NO

As always, staff or children displaying the above symptoms of illness are not permitted to attend.

If you have answered “YES” to any 2 or more of the key symptoms 2-6, or if you have a fever or breathing difficulties, seek a health assessment by calling 8-1-1, or a primary care provider. If a health assessment is required, you should not return to the child care setting until COVID-19 has been ruled out and the symptoms have improved.

If you have answered “YES” to only one of the key symptoms 1-6 above (other than fever and breathing difficulties,) you should stay home for 24 hours from when the symptom started. If the symptom improves, you may return to child care when you feel well enough, but if the symptoms continue, or worsen, seek a health assessment by calling 8-1-1 or a primary care provider.

If you answered “YES” to questions 9 or 10, use the COVID-19 Self-Assessment Tool on the BCCDC website, to determine if you should seek testing for COVID-19.

If a COVID-19 test is recommended as the result of a health assessment, self-isolate while waiting for results.

***If the COVID-19 test is positive:** self-isolate and follow directions of public health.

***If the COVID-19 test is negative:** you can return when above symptoms are gone and you are well enough to fully participate.

***If a COVID-19 test is recommended but not done,** self-isolate for 10 days after the onset of symptoms and return when well enough to fully participate.