

## Infection Prevention and Control Practices For Staff and Children

- stay at home when ill
- No visitors, volunteers or pets allowed in the Centre
- Parents will drop off outside. **One** parent only allowed to drop off.
- Children must be clean upon arrival, and wearing clean clothing. Fingernails short.
- No toys from home. Nap blankets okay, if they are intended to stay at the Centre and can be laundered before use, and after each use.
- physical distancing, especially with other adults, and children from other groups (decrease population density in all areas) Do not congregate. Minimize physical contact.
- Handwashing will occur frequently with soap and water for at least 20 seconds
- respiratory hygiene (cough into elbow, adults wear a mask if around other adults and distancing is not possible.)
- frequent cleansing and disinfection (10 ml bleach to 990 ml water for regular disinfection, 20 ml bleach to 980 ml water for bodily fluids- after cleaning with soap and water first)
- stay outdoors as much as possible
- Staff or children with symptoms of a common cold, influenza or COVID-19 or other infectious respiratory diseases must stay at home.
- Children or staff with those symptoms may return to the centre once they are assessed by their family physician or nurse practitioner and it is determined that they do NOT have COVID-19, and their symptoms have resolved.
- Children under 1 year of age, or older children with immune suppression and medical complexity are encouraged to consult with their health care professional to determine if their child should attend child care.
- Small groups to include family members when possible and a primary caregiver.
- Recommended that children change out of their daycare clothes when they get home.
- Parents will provide all meals and snacks. No shared snacks. Tongs or utensils used to serve food (not hands) Food served on dishes, not table

**Staff:**

- have specified work clothes that you change into at work and out of after work (including your shoes, which should be disinfected before bringing them to work)
- keep personal supplies out of the centre (recommended to leave in the car)
- gloves and masks are optional. Handwashing is key.
- use paper towel rather than cloth towels
- wear single use gloves for diaper changing, first aid treatment
- Avoid hugs and handshakes outside of members of your own small group

**Toys and Equipment:**

- must be easily cleanable.
- No toys from home
- sanitized toys to be rotated frequently. They must air dry
- Water play station for 1 child only

**Nap time:**

- bedding washed after each use. Beds disinfected. Mats 2 meters apart

**Eating:**

- tables and chairs sanitized before and after each use
- Lunch bags stored as far away from other bags as possible

**Cleaning:**

- Floors mopped with bleach solution after each shift